



# Boutique Bath Wrap Tutorial



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## About:

This project can be completed quickly and is appropriate for all levels. Directions included for sizes 12 mo - 8 yrs.

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## Disclaimer:

I have personally only made bath wraps in sizes 3 and 4T. To the best of my knowledge, calculations for other sizes are appropriate and accurate. If you find that a calculation is off, please let me know and I will update this PDF right away.

## Materials:

- one bath towel, measuring approximately 30" x 54"
- 1/2" double fold bias tape
- 1 1/2" elastic
- 2" hook and 5" loop (velcro)
- embellishments: trims, ric-rac, ribbon, buttons, appliques, etc.
- coordinating thread



## Procedure:

1. Using the chart below, circle the appropriate chest circumference and armpit-to-hem (A:H) measurements.

Size	12m	2T	3T	4T	5	6	7	8
Chest	20	21	22	23	24	25	26	27
A:H	14	16	18	20	21	23	24	25

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2. Now we will calculate the width for our wrap.

Take your chest measurement from the chart, and multiply it by 0.5. Then add that number to the original measurement. So...

$$[\text{Chest Measurement} * (0.5)] + \text{Chest Measurement} = \text{Width}$$

Clear as mud? Here's an example. Kate is a 3T so her chest measurement is 22".

$$[22 * 0.5] + 22 = 11 + 22 = 33"$$

3. Next up is the length. Take your A:H measurement and add 2".

$$\text{A:H} + 2 = \text{Length}$$

Kate is a 3T, so her A:H measurement is 18".

$$18 + 2 = 20"$$

Record the width and length for your wrap here:

Width = \_\_\_\_\_ Length = \_\_\_\_\_

4. Time to cut! Note the short end of the original towel will be your bath wrap length and the long end will be your bath wrap width.



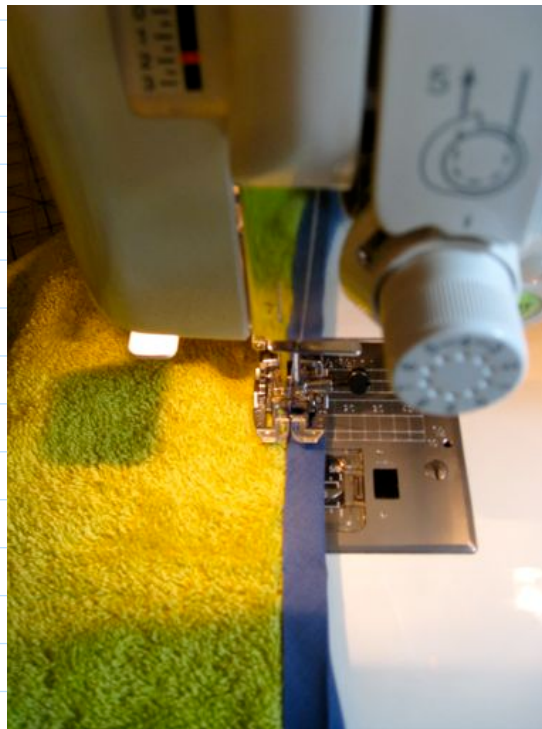
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5. Let's put this baby together! First you need to finish the top of your towel by serging or using a close zig-zag stitch.



6. Finish the other raw edge. Get out your double fold bias binding and sew it to the raw edge. If you are not sure how to sew on bias tape, take a peek at Amy's great video tutorial:

[http://angrychicken.typepad.com/angry\\_chicken/2008/03/bias-tape-tutor.html](http://angrychicken.typepad.com/angry_chicken/2008/03/bias-tape-tutor.html)



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## 7. Velcro time!

With your towel **RIGHT SIDE UP**, lay out your velcro like this picture, placing your hook on the top left and your loop on the top right.

The top left corner of your hook should measure 1" in and 2.5" down from the top left corner of the towel.

The top right corner of your loop should measure 1" in and 0.5" down from the top right corner of the towel. Sew velcro in place.



8. Elastic. On the **WRONG** side of the towel, mark 6" in from each top corner edge with pins (this is the side without velcro).

To determine how much elastic you need, stretch your elastic between the two pins so there is resistance.



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When you have the right amount of tension and let your hands spring back together, your towel should gather like this:



Cut elastic. Position it 1/2" down from the top edge. Tack down one end of elastic at the six inch mark. Stretch the elastic to the other pin and sew a straight seam in the middle of the elastic. Be sure to lock your stitch when you reach the other pin.



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Fold down the top of the towel 2" (wrong sides together) and pin. Your hook and loop should now be on different sides of the towel. Edge stitch to create casing.



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10. Now the best part: embellishment! Use ribbons, ric-rac, applique, buttons, embroidery, etc.

That's it! Be sure to send me a link or picture of your Boutique Bath Wrap. I'd love to see it.

If you have comments about this tutorial or find anything unclear, I would love to hear from you at [www.jennygarland.com](http://www.jennygarland.com). I want to make these tutorials as easy as possible to follow. Thanks so much :)

